



FIT TOO TRAVEL



"5 ways to squeeze the juice out of life" ...

... just one of many excellent presentations available from FTT's team of skilled presenters.

- Real fitness professionals with honed presentation skills
- Experts selected to meet your topic target:
 - Stress management
 - Weight Control & fat loss
 - Exercise for good health
 - Decent Dietary habits
 - Lifestyle changes for better health
 - or just 'General Fitness' motivation and inspiration



From keynote speakers at major conferences to workshop presenters for small groups - FTT has the right presenter for your organisation.

- Healthy lifestyle education seminars that are proven
- Healthy lifestyle education seminars developed specifically for your organisation

INFO-tainment

- Supercharge your teams with entertaining presentations that contain important information and some real content!
- Get the message across with a disarming, enchanting and involving approach.
- Make events & conventions a hit
- Show your staff that you 'care' with presentations that target their lives at home as well as in the workplace.

"Your two hour session was very well constructed, the content right on the mark for addressing a balanced approach to life and the presentation creatively designed and professionally executed"

"...(an) appropriate level of personal health and high performance as an executive ... a high level of professionalism and was able to relate to the groups in a way that positively contributed ..."

QUALITY SPEAKERS AT REALISTIC PRICES

- Discuss your needs and your budgets with our call centre consultants
- Appoint a presenter that will meet you budget but impress your socks off!



Fit Too Travel Pty Limited ABN: 53 088 437 067

Your solution to any fitness problem. Anytime. Anywhere.

• Fitness Industry Management Consultants • Fitness & Personal Trainer Agency • Corporate Wellness Solutions
Operating in all Capital cities. Head Office: Level 1, 3 Brady Street, Mosman NSW 2088
Tel: 1300 36 88 52 Fax: 1300 36 88 53 Email: enquiries@ftt.com.au WEB: www.ftt.com.au
POSTAL ADDRESS: P.O. Box 420, Spit Junction NSW 2088